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# SHORT COURSES







# **Pastry & Bakery**

Cookery



Saturday`s During the week sessions (Monday to Friday) upon request.

# Welcome To Top Chefs Culinary Institute

**Culinary Short Course - Cookery:** Saturdays 8:30am to 12:00

The Course is designed to give the participant a good basic knowledge in International Cookery.

It comprises of 9 sessions of 3 1/2 hours Demonstration and Practical Cookery sessions guided by our Kitchen Lecturer at our fully equipped Training Kitchen.

The Course content includes basic preparations. Meat & Vegetable Cuts, the applications of the 13 Cooking Methods, You will be shown and thereafter to prepare Meat, Fish, Poultry, Vegetable, Rice, Pasta, Potato dishes and Sauces and present this in an artistic fashion. Intakes

Ongoing

Single day joiners Ksh. 6,500 per session.

**Entry Requirements** 

- Must be 18 Years of age.
- Have his / her own accident insurance.
- Fluent in English.
- Wear a Mask.
- Have a dark trouser and a white T-shirt.
- Black Shoes with thick Grip soles.

The Course Fee is Ksh. 55,000 : Which includes :

- Handouts.
- Recipes.
- All Food Materials.
- Chefs Hat.
- Top Chef Course Certificate.
- Clean apron provided.

The application Fee is Ksh 1000 - (Non - refundable)









#### www.tchefs.com

## **Culinary Short Course -Pastry & Bakery:** Saturdays 1.00pm to 4.30pm

The Course is designed to give the participant the fundamental Knowlegde and skill in Pastry & Bakery Arts.

### It comprises of 9 sessions of 3 1/2 hours

Demonstration and Practical cookery sessions guided by our Pastry lecturer at our fully equipped Training Kitchen.

The Course content includes Basic Pastes & Doughs, Bread & Bread products, Pizza, Pastries, Cookies, Cakes, Pies, Flans. You will be shown and thereafter prepare the various products.

Intakes

Ongoing

Single day joiners Ksh. 6,500 per session.

### **Entry Requirements**

- Must be 18 Years of age.
- Have his / her own accident insurance.
- Fluent in English.
- Wear a Mask.
- Have a dark trouser and a white T-shirt.
- Black Shoes with thick Grip soles.

The Course Fee is Ksh 55,000 : Which includes:

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